

Fill in only one circle for each pair of sentences.

| | Really True for me | Sort of True for me | | | | Sort of True for me | Really True for me |
|---|--------------------|---------------------|---|-----|--|---------------------|--------------------|
| 1 | | | Some teenagers have a lot of friends. | BUT | Other teenagers don't have many friends. | | |
| 2 | | | Some teenagers do very well at their class work. | BUT | Other teenagers don't do very well at their class work. | | |
| 3 | | | Some teenagers feel that they are better than others their age at sports. | BUT | Other teenagers don't feel they can play as well. | | |
| 4 | | | Some teenagers are happy with themselves most of the time. | BUT | Other teenagers are often not happy with themselves. | | |
| 5 | | | Some teenagers do things they know they shouldn't do. | BUT | Other teenagers hardly ever do things they know they shouldn't do. | | |
| 6 | | | Some teenagers really like their looks. | BUT | Other teenagers wish they looked different. | | |

How much do you agree or disagree with the following?

| | | Strongly agree [5] | Agree [4] | Not sure [3] | Disagree [2] | Strongly disagree [1] |
|----|--|--------------------|-----------|--------------|--------------|-----------------------|
| 7 | All in all, I'm glad I'm me. | | | | | |
| 8 | I want to help make the world a better place to live in. | | | | | |
| 9 | I should take responsibility for my actions when I make a mistake or get into trouble. | | | | | |
| 10 | I enjoy being with people of different races. | | | | | |
| 11 | When I see someone being taken advantage of, I want to help them | | | | | |
| 12 | When I see someone being picked on, I feel sorry for them. | | | | | |
| 13 | When I see another person who is hurt or upset, I feel sorry for them. | | | | | |
| 14 | I get a lot of encouragement at my school. | | | | | |
| 15 | In my family I feel useful and important. | | | | | |
| 16 | Adults around me make me feel important. | | | | | |
| 17 | I feel my friends are good friends. | | | | | |